

## IN THE SPECIFICATION

In replacement of the last amendment, rewrite the last paragraph on page 5 as follows:

Referring now to FIGS 1-5, the arm exercise mechanism is illustrated. ~~Levers~~  
Lever arms 22 and 23 are pivotally connected together at one end by swivel  
bracket assembly 26 which is supported on the upper central portion 14e of  
the frame 14. Frame 14 has a base portion 14b, side portions 14c and 14d, and an  
upper central portion 14e which runs normally to base portion 14b. The arms  
extend outwardly away from each other at an angle of about 35 degrees.